



PREPARED TO GIVE OUR BEST

The people giving their best invest in the preparation required to make it happen.

ONLY YOU SET THE LIMIT

Each of us has unlimited potential inside and only you decide what your limit is!

AVOID THE OBSTACLES

Get advice from the experts to avoid the obstacles vs having to go through them.

BEING YOURSELF AT YOUR BEST

Success comes slower when you try to be someone else. Be yourself at your best.

FUEL FOR EXECUTION

A powerful WHY creates the fuel to DO whatever it takes to achieve it.

KEEP THE RESPONSIBILITY

Don't look for others to motivate you. Feel it is your own responsibility.

HOW WE SEE OURSELVES

More than other factors, how we see ourselves determines what we achieve.

COMFORTABLE TO BE UNCOMFORTABLE

Faster growth comes by being comfortable continually taking on new challenges.

FAITH OVER FEAR

Fear/faith come from an unknown. Conquer fear (negative) with faith (positive).

PLANS CAN REDUCE MISTAKES

Invest in planning, helps avoid the mistakes missed by overlooking the obvious.

FOUNDATION FOR GROWTH

A strong foundation supports a tall building. Your strengths support a tall you.

STEP THROUGH THE DOOR THAT OPENS

When opportunities come...avoid saying I'm not ready and say let's go.

LET GO TO GROW

Can't take on new challenges without letting go of ones your people can take on.

ROAD TO SOMEWHERE

Where is your thinking taking you?

PRECEDED BY A NEW BELIEF

To create more breakthroughs, we have to believe in new AND more possibilities.



WHAT YOU CHOOSE TO IGNORE

Effectiveness is focusing on the important, but also what you choose to ignore.

CHALLENGES CREATE INNER STRENGTH

It's the challenges we embrace that help us to develop our inner strength faster.

NEW OR REPEATED EXPERIENCES

Repeated experiences build a mindset...new experiences expand it.

WHAT AND WHY UNCOVERS THE HOW

Don't rush to the how before getting clarity on what it is you really want and why.

THROUGH DIFFICULT CHOICES

Greater success is on the other side of difficult choices. Embrace vs avoid them.

IF YOU KNEW YOU COULD NOT FAIL

Being determined to work as hard and as long as it takes to achieve it.

TO BE GREAT, BE WITH GREAT PEOPLE

Focus on associating yourself with people you would like to be like.

REFLECTION LEADS TO INNOVATION

Invest in reflection time, as it is the time when breakthroughs often start.

GIVE YOUR DREAMS A DATE

You never get a sense of urgency unless you put a date to your dreams.

NOT AFRAID TO ASK THE QUESTION

What slows you is lacking an answer to the question you're afraid to ask yourself.

DETOX YOUR THINKING

A detox, is about clearing the mind and focusing on what really matters.

ANXIETY IS FEAR BEING EXPRESSED

Anxiety is often coming from a fear we have not thought through.

OFF YOUR PLATE

What you take off your plate enables you to focus on the truly important.

BIGGEST RISK IS NOT TAKING ACTION

The biggest risk in life is not taking action, as you never use your full potential.

DISCIPLINE TO REMAIN CALM

Invest time to build a discipline to remain calm when facing difficult situations.



EMBRACE WHAT YOU ARE RESISTING

What you are scared to do could open doors to everything we want.

WITH PURPOSE YOU GO BEYOND FAITH

The real power of an ideas lies with the purpose that drove the idea.

EMBRACE THE PRESSURE

Pressure is a call for action that always helps us grow faster along the way too.

BACKUP PLANS REDUCE STRESS

Having a backup plan gives you the emotional strength to take more risks.

MORE TIME ON FEW THINGS

Success is about apply more of your time to a fewer number things (prioritize).

KEEP IT ON THE FRONT BURNER

Whatever your make a priority (on the front burner) guides your daily actions.

MILESTONES DRIVE SPEED

Milestones drives the speed of an initiative by keeping everyone focused on pace.

GROW MORE COGNITIVE SPACE

You make better decisions when you block off time to really think it through.

START THE WAY YOU WILL CONTINUE

Why not start fast and then focus on keeping up the pace.

DETERMINE IT TO PREPARE FOR IT

Determine up front what could happen and you are better prepared for it.

SET ASIDE TIME FOR IT

Unless you set aside time for it, then you can't say it is a priority for you.

USUALLY PLAYS OUT IN SMALL STEPS

A big vision usually plays out in small steps at the start until you get momentum.

OUR BIGGEST SOURCE OF ERROR

Doubt drives us to make more mistakes as we don't put our full effort into it.

IT'S ALL GOOD NEWS

Take a positive view on everything and it will fuel more momentum.

AWARENESS IS EVERYTHING

Unless you have awareness, you are taking action on false assumptions.



FACE FEARS TO GROW COURAGE

You can grow your courage faster by deciding to face all the fears you visualize.

SEEING YOUR CHOICES CLEARLY

You make better decisions by quickly clearly seeing the choices you have.

EACH DAY IS THE KEY

To achieve any goal, it is what you do each day that enables you to achieve it.

EXPERIENCE CAN CREATE BLIND SPOTS

Only relying on your experience sometimes limits where you look for solutions.

WHAT YOU CARRY ALONG WITH YOU

Your thoughts are either lightening your load or making it difficult to carry.

THROUGH THE DISCOMFORT PERIOD

Within every change, there is a discomfort period before you embrace the new.

BELIEF IS WHAT MATTERS

If you don't believe, everything you do will be much harder than it should be.