



BETTER PERSON TOO

What makes you a better leader is the same that makes you a better person too.

LIGHT UP A ROOM

The best way to light up a room is to notice others versus others noticing you!

BEST GUIDE IN LIFE

The best guide for life is integrity and a great reputation always arrives before us.

GIVE ATTENTION IS GIVE VALUE

For others, simply giving them your full attention can be of great value to them.

FOCUS ON THEM

The way to make others feel important is to focus on them versus yourself.

GO BEYOND YOUR COMFORT ZONE

Better often means different, and that requires going beyond your comfort zone.

SMILE FIRST

Change your world with one small habit; smile first with every person you meet.

FAIL TO ADMIT A MISTAKE

The failure to admit a mistake causes more damage than the mistake itself.

PROMISE TO YOURSELF

Keep promises to yourself and you build character to keep promises with others.

SHOW YOU CARE FIRST

Unless others feel you care, it doesn't matter about your communication skills.

APPRECIATE WHAT WE HAVE

The people who appreciate what they have tend to get more of what they want.

STAND FOR SOMETHING

People who take a stand on something bring purpose and meaning to their lives.

MAKE GOOD ON WHAT YOU SAY

The foundation of integrity is doing what you say you will do.

WE NEVER STOP

A full life is when we never stop learning, growing and wanting to learn more.

HELP MAKE THE LINK

To learn, we make linkages with previous experiences. Help others make the link.



THERE'S ALWAYS A CHOICE

Our success AND happiness is driven by the choices we make (or don't make).

WHO WE ARE DRIVES WHAT WE DO

To achieve more in our life, we need to become more first.

EGO CAN BLIND YOU

With an ego, you go blind to small improvements that fine-tune your strengths.

THERE'S ALWAYS CONSEQUENCES

With bad BEHAVIOR, regardless if others forgive you...there are consequences.

FREEDOM TO BE AUTHENTIC

When we have a strong self-belief, it gives us the power to just be ourselves.

HUMILITY COSTS NOTHING

An ego blocks great relationships. Humility costs nothing and has a great return.

THINK OF OTHERS

Being humble requires thinking...not thinking of yourself, but thinking of others.

MODEL GOOD BEHAVIORS YOU SEE

We improve faster if we see good behaviors in others and try to emulate them.

BIT EXTRA CAN MAKE THE DIFFERENCE

Be committed to do the little bit extra that can make all the difference.

BEGINS WHEN SELFISHNESS ENDS

True happiness begins when we become less selfish and more caring of others.

DOWNTIME IS REALLY UPTIME

Downtime has power to create uptime. It boosts attitude and sharpens focus.

VIEW THE WORLD IN DIFFERENT WAYS

Listening to different views brings us closer and helps us grow faster too.

REACH OUT FIRST TO OTHERS

Life is not a spectator sport. Reach out to others first, rather waiting for them.

INTEGRITY IS HONESTY WITH YOURSELF

The starting point of creating integrity is being honest with yourself first.

WHAT WE LOOK FOR

Looking in the right place gives you a better chance of finding what you want.



HELP OTHER PEOPLE SHINE

Help your people shine versus always trying to shine the spotlight on yourself.

GIVE IT TIME (THINKING TIME)

Keep yourself on the right path, by thinking through what's most important.

GIVE WITHOUT REMEMBERING

The true givers do it with no strings attached, not expecting something in return.

CAPACITY TO FORGIVE FREELY

Forgiveness is not a weakness. It needs a strength to do it and move forward.

SHOW HOW YOU CARE

When you fully listen to others you are showing how much you care about them.

APPRECIATE BOTH SIDES

You won't find an effective compromise until you understand both sides.

CREATE AN INNER CIRCLE

Who is in your inner circle?...People you can be yourself with and grow together.

CHOICE TO GET BETTER

Getting better is a choice you should make versus waiting for others to push you.

SIMPLE, BUT LIFE CHANGING

Sometimes a simple habit repeated daily can have a life changing impact.

HOW YOU RESPOND TO CRITICISM

Respond poorly to criticism and you will stop hearing it, and using it to improve.

STOPPING THE JUDGE INSIDE YOU

We judge ourselves in an unbalanced way...usually far too negative than useful.

MATURE ENOUGH TO GET OVER IT

Setbacks are part of everyone's life. Maturity helps us to get over them quickly.

HELPING OTHERS KNOW YOU

Help others know you by sharing your thoughts and feelings with them.

GAIN ENERGY FROM YOUR THOUGHTS

Invest in positive thinking and you will be able to gain energy from your thoughts.

IN EXCHANGE FOR WHAT?

Your life is what you exchange time for. A purpose can you make a good exchange.



YOU HAVE TO TRUST IN SOMETHING

People don't live a full life if they never have a trust in something or someone.

SOMETHING BIGGER THAN THE RESULT

A life with meaning provides you something that is better than just the result.

HELP YOU KEEP PERSPECTIVE

Friends and family are a great source to help you keep your perspective.

START FROM A PLACE OF STRENGTH

Start with what you are good at versus just trying to improve your weakness.

GIVE THE GIFT OF YOURSELF

The best you can give others is the gift of your time to help them grow.

GIFT OF VALUES

The most important present you parents give you is the values you live by.

FIND A WAY TO GROW EVERY DAY

You can make a bigger impact if you find a way to grow yourself every day.