#### THINK AND ACT GO TOGETHER

Our true power gets released until we put these two in our focus every day.

#### **POWER IN SAYING NO**

People afraid to say NO never create enough focus (POWER) on the important.

#### **UNDER ANY CIRCUMSTANCES**

Successful people surrender to their goals and not to their circumstances.

## **EQUAL TO THE SIZE OF YOUR GOALS**

To achieve anything great in life, you need passion equal to the size of your goals.

#### **FAILURE AT LEAST INDICATES ACTION**

A failure often takes us closer to our goals than not taking any action at all.

#### DON'T BUY THEIR VIEW OF HOW TO LIVE

Without your own goals, you are buying into other people's view of how to live.

#### THERE'S ALWAYS A NEW HORIZON

As you achieve your goals, you will always see more larger goals on the horizon.

## **DETERMINATION AND DISAPPOINTMENT**

Everyone has disappointments and only the successful decide to stay focused.

## **NEVER FORGET YOUR COMMITMENT**

When you commit...DO IT. Delivering commitments communicates character.

#### **CLEAR ON THE NEXT STEP**

Consistent progress on our goals is about always being clear on the next step.

#### **DELIVER VALUE TO OTHERS**

People who achieve consistent long-term success are focused on delivering value.

## NOT MORE DO, BUT MORE ACHIEVE

It's not How can I get more done?...but How can I achieve more?

## **ABILITY + WILL = ACHIEVEMENT**

The world is full of people with the ability...Those with the "will" get it done.

## **COMMIT TO THE WHEN**

The commitment to WHEN creates a sense of urgency to achieve it.

## WHEN YOU CAN'T TURN BACK

Communicating what you are going to achieve removes the option not doing it.

#### **UNTIL YOU SEE THE ACTION**

Invest time to get clear on the action to take. ACTION drives achievement.

#### **NEXT MOST IMPORTANT ACTION**

People who achieve the most always know their next most important action.

#### **JUST START**

Many people don't achieve what they want because they just don't start.

#### STAY IN TUNE WITH YOURSELF

You never achieve to your potential unless you understand your strengths.

#### **KEEP RECORDS TO BREAK RECORDS**

The successful measure progress and adjust the actions until reaching their goals.

#### **CONTRACTS WITH YOURSELF**

Why not think of your goals as Contracts with yourself. Your own accountability.

#### **COMMITMENT WILL BE TESTED**

By their very nature, big goals will always test your commitment.

## **KNOW WHY YOU CHASE IT**

As life changes, the reasons behind our goals could change. It's time to reflect.

## **PROACTIVE VS. REACTIVE**

Think ahead and be more proactive with consistent action towards your goals.

#### SEE IT COMPLETED AND IN PLACE

Picture goals completed and in as many details as possible...it powers action.

## **FAILURE IS DELAY, NEVER DEFEAT**

Knowing you will reach your goal, and failure is just one way that did not work.

## **ELIMINATE THE FEAR OF FAILURE**

The needed action you take will reduce your fear and move you forward.

## IS YOUR GOAL, YOUR GOAL?

You never create the right passion behind a goal that is not truly yours.

## **HALFWAY IS NOWHERE**

Success comes to those who make the commitment upfront to go all the way.

## **MAKE TODAY COUNT**

Make each day count by taking at least one action towards your dreams.

#### **GET YOUR BRAIN TO HELP**

Clarity on what you want to achieve gets your full brain to help you.

## **FEAR AND WORRY INTO ACTION**

Learn to channel fear and worry into a strong action, and reduce its impact.

#### **BREAK OUT OF THE ROUTINE**

Daily routines are good for you as long as they are helping you reach your goals.

#### LIFT MUST EXCEED DRAG TO TAKE OFF

What is lifting you to take action must exceed what is stopping you from action.

#### SEE THE TRIP IN YOUR MIND FIRST

Visualize how you are going to get there, and the actions to take show up.

#### **MOMENTUM CAN CARRY YOU ALONG**

Momentum is a powerful force and keeps us taking consistent action.

#### YOUR PASSION ATTRACTS HELP

Passion is like a magnet, and creates a feeling in others to want to help you.

## **LIFE WITH LESS IF'S**

"If" limits our power as it places conditions on actions we should take.

## HIRE GREAT PEOPLE TO DO THE REST

Focus on your strengths and surround yourself with great people to do the rest.

#### **MAKE TIME TO THINK**

Action is good, but we also need to time to think, and keep our priorities in focus.

## STRATEGIC/TACTICAL BALANCE

Delivering today and bringing the future to the present as fast as you can.

## **DELIVER TODAY/CREATE TOMORROW**

What we deliver today should be helping us to create the future we want.

#### **CALL IT A PROMISE VERSUS A GOAL**

By call your goals promises, you create the feeling that you MUST deliver them.

## **OPEN YOUR HEART TO YOUR GOALS**

A strong WHY behind your goals will give you more energy to deliver them.

## **IMPLEMENT AND QUICKLY ADAPT**

The fastest way to deliver and improve is to implement quickly and adapt quickly.

#### **DEVELOP INSIDE TO DELIVER OUTSIDE**

The more you develop your own thinking the more you will be able to achieve.

## **MAKE PROGRESS EVERY DAY**

If you can make progress every day, you are both growing and delivering more.

## **DELIVERED IN YOUR MIND FIRST**

For the successful, they deliver twice...first in their mind, then in reality.

## IT'S NOT WHETHER, BUT HOW

When you are totally commitment, you know you will find the how to deliver it.

## **FAILURE IS A PROCESS WITHIN SUCCESS**

Failure is one of the processes within success where we learn the most.

#### **LET GO OF YOUR FEARS**

Your fears are limiting you until you find a way of letting go of them.

## **NOT THREATENED BY SURPRISES**

The successful are not threatened by surprises, just focused on the action to take.