

Thoughts on How to Be a Winner

BEFORE TIME IS PRIME TIME

Success in anything is created first in our preparation (our before time).

NOT EVERYONE NEEDS TO LIKE US

Consider elections...1/3 to 1/2 of the people didn't vote for the winner!

HOW YOU SHOW COMMITMENT

Commitment is not just about taking action, it's about taking it to achievement.

CHOOSE WHO WE LISTEN TO

Many want to tell us what to do. Let's carefully choose who we listen to.

HOW YOU HANDLE CRITICISM Ignore the destructive and use the constructive criticism as fuel for change.

MAKE BETTER CHOICES

A life is driven by action. Our choices determine the direction of those actions.

MOTIVATION FUELS COMMITMENT

Others might trigger it, but our commitment comes inside ourselves.

STOP MAKING EXCUSES

Great success starts with taking total responsibility for YOU (means no excuses).

ACCEPT FEEDBACK

The successful search for and accept feedback, and then they take action on it.

MISTAKES ARE NOT THE WORST THING

A mistake is not the worst thing you can do. Not to do (not trying) is worse.

FEAR THAT STOPS YOU

An amazing life starts when you face the fear that stops you using your potential.

THEY MAKE YOU LOOK BETTER Surround yourself with the right people and they make you look better.

30 MINUTES OF FOCUS

Give each of your top priorities a dedicated 30 minutes each day.

BELIEF HAS UNLIMITED POWER

Our beliefs generate power...invest in growing AND maintaining positive beliefs.

PARTICIPATE IN YOUR DREAM TOO

We fully live our dream when we find ways to enable others to participate in it too.



WHEN IT BECOMES IMPORTANT

Amazing how you find the time to make it happen when it becomes important!

SPONGE

Be like a "sponge" and soak in all the experiences and learnings you can.

LOSERS SAY I WISH, WINNERS SAY I WILL

Develop a "will" attitude, and magical things happen to people this attitude.

BUILD YOUR REPUTATION EVERY DAY

Picture the reputation you would like to have and take action each day to build it.

YOUR ATTITUDE IS SIMPLY A CHOICE

You shape your world around you based on the attitude you chose to take.

WHAT WILL OPEN THE LOCK FOR YOU?

A life is often like a combination lock...it often takes one last change to open it up.

GREAT LEADERS DEFINE THEMSELVES

Know yourself and surround yourself with people strong in your weaknesses.

FOCUS ON THE PRIZE VERSUS THE PRICE

The successful focus on achievement (the prize), not activity (the price).

SUPPRESS YOUR EGO

Learn to productively suppress your ego by adding humility to your confidence.

BETTER EVERY SINGLE DAY

One trait in every successful person is the desire to get better every single day.

RUN A COMPETITION WITH YOURSELF

Why not run a competition with yourself and give yourself a time limit.

GOALS WORTHY OF YOU

Goals should both focus you and challenge you to be the best you could be.

DREAM ONE SIZE BIGGER

Always dream one size bigger, and stretch yourself to use more of your abilities.

GIVE MORE THAN YOU TAKE AWAY

Success and happiness are more about giving of yourself than taking from others.

DON'T GIVE UP ON TOMORROW

When doubt becomes too great you are really giving up on tomorrow.



CHOOSE TO BELIEVE

Everything starts with a choice, and big things can happen by choosing to believe.

CREATE FORWARD MOTION

A great question: Will what I am doing now move me forward towards my goals.

PEOPLE THAT SHARE OUR PASSION

The people you surround yourself with should also share your passion.

SIZE OF YOUR HABITS

Success is often down to repeated simple and often very small habits.

THAT MAKES YOU DIFFERENT

Discover the one skill that makes you different (unique) as it drives your success.

NOT MORE KNOWING, MORE DOING

You probably already know what you need to do...just focus on doing it.

PUT OTHERS BEFORE YOURSELF

You empower others to help you more when you put them before yourself.

FOCUS ON GROWING YOUR STRENGTHS

Your strengths drive your success, so focus on growing them as strong as you can.

BETTER THINKER AND LISTENER

A better listener is a better thinker. Listening is the fuel for productive thinking.

SOMETHING YOU DEVELOP

Confidence is developed more through action than just our thinking.

RIGHT USE OF WILLPOWER

Willpower is not limitless, so focus it on your most important daily habits.

WINNERS ARE THOSE WHO DON'T QUIT

Winners don't quit when others do...they carry on no matter what.

HAVE A FRIENDLY COMPETITOR

A friendly competitor challenges use to look for ways to raise our game.

APPRECIATE, BUT NOT SWIM IN IT

Appreciate the praise you receive, but don't let it stop you from getting better.

ACTING IF IT WERE TRUE

The best way to create a new belief is acting first that it is already true.



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WINNER AND LOSER AT THE SAME TIME

When you win at the expense of others, you are both a winner and a loser.

LEARN TO TRUST YOUR INSTINCTS

Trust your instincts as they are tapping into all your thoughts and experiences.

HELP YOU THINK AT A HIGHER LEVEL

Mentors help you raise your thinking to think more in the person you want to be.

NOT A DIRECT PATH

Success usually is not a direct path and requires detours from time to time.

AVOID BEING EMOTIONALLY HIJACKED

Don't let others play with your emotions in ways that they gain control over you.

WHEN YOU STOP BELIEVING LIES

Stop believing the lies you tell yourself that you cannot do it.

MINDSETS AND ACTIONS

Our mindsets think it is possible or not and our actions make it happen.