



### **BRINGS ENHANCED SENSITIVITY**

Experience gives us a foundation for observing the finer details in situations.

### **PREPARATION ENABLES CONTROL**

We are always much more in control of situations that we have prepared for.

### **PARTICIPATE TO MAKE AN IMPACT**

It is really difficult to make an impact if you remain a spectator!

### **PERSPECTIVE AND OBJECTIVITY**

It's difficult to be objective about something when you lose your perspective.

### **ABILITY TO CHANGE IT**

Unless you understand why and how it works...it's difficult for you to change it.

### **WITHIN DIFFICULT CIRCUMSTANCES**

Hold back the emotional response when it could do the most damage.

### **VALUE IN KNOWING YOURSELF**

The more you know you, the more you can adapt to others and new situations.

### **BELIEVE IT IS POSSIBLE**

It's difficult to believe it is possible if the rest of the room thinks the opposite.

### **CHALLENGE OUR JUDGMENT**

We grow faster when by constantly putting ourselves in challenging situations.

### **ASK THE SIMPLE QUESTION**

The simplest of questions can force people to think through their assumptions.

### **FACE THE UNCOMFORTABLE STUFF**

We achieve more and grow faster when we face versus avoid the uncomfortable.

### **LET OTHERS BEHIND THE CURTAIN**

The more you reveal about yourself, the more you bring others closer to you.

### **ANTICIPATE THE CHALLENGES**

Success comes faster when we anticipate the challenges ahead of us.

### **CONFIDENCE WITH HUMILITY**

It's a powerful combination. Drives achievement, and with the support of others.

### **NOTHING BRINGS RELIEF LIKE ACTION**

However small the action, it always brings some relief from fear and indecision.



### **CHALLENGES DRIVE CHANGE**

View challenges as something positive They drive you stronger to meet them.

### **THOUGHTS/FEELINGS FOR ACTION**

Successful leaders leave others with powerful thoughts and feelings for action.

### **PROJECT CALM IN A STORM**

Strong leaders are able to stay calm and project calm in difficult circumstances.

### **WHEN YOUR VALUES ARE CHALLENGED**

Our integrity becomes visible when values are challenged in new circumstances.

### **THINGS LEFT UNRESOLVED**

Some problems don't hit us head on, but come from the sides (the unresolved).

### **LAW OF DIMINISHING INTENT**

Every day you delay taking action, your motivation weakens. Take action today.

### **IGNORE IT, MORE INTENSE IT GETS**

Fight the urge to 'put it off', and address your feelings or problems ASAP.

### **FACE CHALLENGES VERSUS AVOID THEM**

Avoid the challenges, and you end up facing in the wrong direction.

### **GAIN PERSPECTIVE**

Grow yourself past your current challenges and look at them in a different way.

### **HANDLE OBJECTIONS RIGHT AWAY**

The way you handle objections this helps everyone to stay better aligned.

### **THAT ONE THING**

The toughest decision is for us to make the choice on what the one thing is for us.

### **TESTED IN DIFFICULT CIRCUMSTANCES**

View circumstances as opportunities to help you grow, versus something to avoid.

### **FIT FOR WHATEVER HAPPENS**

Grow the ability to find those answers quickly in life's difficult situations.

### **GIVE YOUR BEST TO LESS**

It's the ability to make tough choices and focus all your energy on the important.

### **COURAGE PROMOTES ACTION**

Courage is key, as it helps you to take more action even in difficult situations.



### **MAKE THE DIFFICULT DECISIONS**

Leaders earn their pay, because it's the most difficult decisions that reach them.

### **RESPOND VERSUS REACT**

React and others are often in control. Respond, and you are more in control.

### **ADVERSITY IS A GREAT TEACHER**

How we handle the downs gives us strengths to take more action during the ups.

### **HOW YOU RESPOND IS IMPORTANT**

Your attitude and initial actions on challenges can make all the difference.

### **CLIMB UP TO TAKE THE HIGHER GROUND**

Take the high road on challenges to rise above what the masses are thinking.

### **UNDERSTAND THE SILENT SIGNALS**

In difficult conversations, there is more in understanding the silent than the said.

### **RESPOND VERSUS REACT**

Everyone experiences difficulties in life, it's how we pro-actively respond to them.

### **HANDLE THE DIFFICULT WITH POISE**

How we handle the difficult shows others we are in control of ourselves.

### **DISCOVER IT ALONG THE WAY**

The how to the difficult is something you discover only after getting started.

### **RESPONSIBILITY IN ANY CIRCUMSTANCE**

Maturity is the ability to take responsibility in any circumstance you encounter.

### **FEAR IS THE ROOT OF MANY PROBLEMS**

Fear when left unchecked is often the root of your biggest problems/challenges.

### **OBSTACLES ARE STEPPING STONES**

Obstacles are a great way for you to grow and meet the challenges they create.

### **FEAR AND ANGER ARE REACTIONS**

Fear and anger are reactions to how you presented the opportunity or challenge.

### **NOT AFRAID OF THE FACTS**

The best leaders are not afraid of the facts...but know when to use their gut.

### **PRACTICE UNDER PRESSURE**

Practicing with pressure can help improve your performance "in the moment".



### **CONFIDENCE WHEN IT IS TIME TO ACT**

Build your confidence so it's at the right level when you need it most.

### **NEW PERSPECTIVES ON SAME**

Creativity is often the ability to bring a new perspective to the same situation.

### **TAKE CONTROL OF OUR REACTIONS**

How we react can make the situation better or worse for everyone.

### **DEAL WITH PROBLEMS HEAD ON**

Problems need to be addressed directly versus danced around.

### **HOW YOU LABEL IT**

You react to situations based on the label you put on those circumstances.

### **MAKE IT BETTER OR WORSE**

How you respond to difficult situations either makes it better or worse.

### **GET SMARTER WHEN CHALLENGED**

When challenged, we always raise our game and get smarter about our approach.