



DEEP THOUGHT SCARES SOME PEOPLE

Ever notice that people who can't control their thoughts try to avoid thinking?

FOR WHEN THE TOUGH TIMES COME

Make thinking positive a habit AND you are always prepared for the tough times.

AWARE OF YOUR OWN TRUTH

Unless you know the values you believe in, you are not aware of your own truth.

WHAT ARE YOU THINKING ABOUT?

Your dominant conscious thoughts create a target for your sub-conscious mind.

WHAT'S ON YOUR MIND?

Remember, you are attracting to you what you are thinking about all the time!

CHANGE THE PEOPLE AROUND YOU

We need new people around us to challenge our thinking and help us grow faster.

GET OUT OF OUR OWN WAY

Negative thinking is the very thing that stops us from getting what we want.

WHAT YOU TELL YOURSELF MATTERS

We make the mistake of telling ourselves I can't do it and then believe it.

THERE HAS TO BE A BETTER WAY

If we go a week without thinking this, we probably aren't changing fast enough.

QUIET YOURSELF TO HEAR YOURSELF

Sometimes we need to take a break to really hear what we are thinking.

WE MAKE IT RELEVANT OR IRRELEVANT

It's our CHOICE whether we let others impact our thinking, feeling and ACTION.

STRENGTHS AND "BUZZ"

Your strengths drive your success. Get a buzz doing it, you will be happy too.

PREVIEW TO YOUR FUTURE

Your thinking is a preview to your future, but only action can make it a reality.

IF - THEN HAPPINESS PROBLEM

The successful decide to be happy and others set conditions for their happiness.

HAPPINESS DOESN'T HAVE A WHEN

Too many people say: I'll be happy when.... Happiness is a NOW, not a when.



CALL TO IMPROVE YOURSELF

A failure or mistake is simply a call to improve yourself to do better the next time.

SHUT YOUR THOUGHTS OFF

Shut off the negative voices in order to hear the inspiration more clearly.

AS SOON AS YOU CATCH IT

When you catch yourself thinking negative, quickly refocus on the positive.

REPLAY SUCCESS

Visualize success or replay past success, and there's no room for the negative.

DISTANCE FROM THE NEGATIVE

We become whom we are around. Distance yourself from negative people.

SELF SABOTAGE PRINCIPLE

Don't self-sabotage your success and believe in your own abilities.

HAPPY - IT'S JUST A DECISION

When and if are not requirements to be happy. It is just a decision to be happy.

INSPIRED AND UNINSPIRED

Inspired: see opportunities everywhere. Uninspired: blinded by their beliefs.

BELIEVE VERSUS FEEL

Very often a strong positive belief will overpower on negative feeling.

DIFFICULT THING IS TO BELIEVE

Build your belief big enough to match the size of what you want to achieve.

WEEDS GROW FAST

Negativity is everywhere, and it can grow just like weeds. Address it right away.

POSITIVES OUTWEIGH THEIR NEGATIVES

Invest time each day to remind yourself what you are grateful for (the positives).

BELIEFS ARE A SENSE OF CERTAINTY

Beliefs bring a certainty, and that is why they are power...negative and positive.

EVERY MIND IS A MAGNET

Fill your mind with the positive and attract the right things into your life.

TURN YOUR FEAR INTO YOUR FUEL

Fear is not a negative. It just proves you are in the game and ready to play.



WHAT YOU REPEAT TO YOU

The successful have developed the discipline to only repeat the positive.

IT TAKES COURAGE TO BE HAPPY

In a negative world, it takes courage to be happy and to look at the positive.

AFFIRMATIONS OVERCOME REASONING

Positive affirmations have the ability to overcome old and incorrect reasoning.

ANGRY PEOPLE HAVE NO BOUNDARIES

Don't let your anger take you to behavior that brings a lasting negative impact.

ACTION DRIVES ATTITUDE

The very action of getting started often drives your attitude positive.

ATTITUDE IS ABOUT PERSPECTIVE

An attitude is our perspective on what is happening around us. You can change it.

CROWD OUT NEGATIVE MEMORIES

If you think about the positive, you don't leave any room for the negative.

OUR ATTITUDE IS A CHOICE

Your attitude...as with many important things in life...is your choice, not others.

FEEL THE NEED FOR A BOOST

Do you know who you can go to when you need a boost in your attitude/energy?

ACCEPT IT BEING TRUE

A belief has control over you when you accept it to be true (positive or negative).

CLEAR A PATH FOR YOU

A positive attitude has a way of clearing a path for your daily actions.

IT CAME FROM SOMEWHERE

Note who surrounds you...because your thinking came from somewhere.

SHIFT YOUR MIND TO SHIFT YOUR LIFE

Every shift in your life started in your mind first. Invest in some thinking time.

RE-WIRING YOUR THOUGHTS

If you re-wire your thoughts, you can increase your self-esteem every day.

PLAY THE RIGHT TAPES BACK

You never stay positive when you keep replaying your negative memories.



INFLUENCED BY CURRENT THOUGHTS

You are influenced by current thoughts, so watch what you allow into your mind.

TOUCHING THE HEARTS OF OTHERS

Create a feeling in others and you end up gaining more of their thoughts too.

FORGIVENESS RELEASES YOU

Forgive others and it releases the thoughts that have been holding you back.

STAY TRUE TO YOUR BELIEFS

You're most productive when what you do is consistent with your positive beliefs.

BELIEVERS IN THEMSELVES

Believe in yourself, and you won't have to wait around for others to motivate you.

WHAT YOU ARE PASSIONATE ABOUT

Know your passion, and you can focus your life in a way to always feel positive.

KEEP A STRONG INNER VOICE

With a strong positive inner voice, you will not let others influence you.