



### **LISTEN TO OUTSIDERS**

They always have interesting insights that you would have never thought of.

### **ALL CHANGE THREATENS SOMEONE**

Change is felt personally, and even the best changes always threaten someone.

### **DEFINE THE WORLD AROUND YOU**

All successful people define their world versus having the world define them.

### **PROCESS OR ACHIEVEMENT**

Don't confuse following a process as an achievement. It's just an enabler.

### **OUR MINDSET IS NEVER SET**

Fill your mind with possibilities in order to see life's opportunities.

### **THAT NO LONGER FIT**

As our mindset grows, there may be some behaviors/habits that no longer fit.

### **OVERCOMING DISAPPOINTMENT**

Every life has their disappointments, and how bounce back makes the difference.

### **FOUNDATION TO LEARN AND APPLY**

Attitude and discipline are two habits that enable us to learn and apply it faster.

### **CONSISTENT ACTION DRIVES RESULTS**

The successful create the habits to ensure they will take consistent action.

### **GENERATE YOUR OWN POWER**

You won't get very far in life if you are always looking for others to motivate you.

### **EVERYTHING IS A CHOICE**

Take 100% responsibility for your choices or give the keys to your life to others.

### **BY WHAT WE MAKE A PRIORITY**

What we accomplish and our life's direction is based on what we make a priority.

### **WHAT FRUSTRATES YOU?**

Whatever frustrates you...tells you to make a change or change your thinking.

### **FROM BETTER CHOICES**

A better life starts by reviewing current choices and making different future ones.

### **SETTING PRIORITIES**

Priorities set direction of your day and really your life. Are you setting priorities?



### **WILL TO TAKE THE CONSEQUENCES**

Taking action on a change is about the willingness to take the consequences.

### **OUR FAILURES ARE OUR BEST TEACHERS**

Learn from your failures and you gain insights that create your future successes.

### **RUN WITH THE RIGHT CROWD**

We often grow the fastest when we invest time with people we can learn from.

### **CHALLENGES TO TEST YOUR LIMITS**

Inside the challenges you face is the power to release your potential.

### **DREAM, GOAL, PLAN AND ACT**

These are the steps that takes our thoughts to reality in the fastest way.

### **THERE IS NO THEY, ONLY I**

Never expect others to change things for us. IF it is going to be, it is up to me.

### **CHANGE NEEDS A CHAMPION**

Find champions for all your change initiatives. Multiply your chances of success.

### **CHANGE DOESN'T COME COMFORTABLY**

Change comes from focusing on the growth (the benefit) versus the change.

### **CHANGE WHAT WE DO EACH DAY**

What habit is currently missing from your life would speed your success?

### **ROAD AND DESTINATION**

Our life is the road we take, and it is determined by the destinations we define.

### **DOOR THAT COULD BE REOPENED**

Most people have closed the door on change, and just stay as they are.

### **DECISIONS DEFINE DIRECTION**

Decisions are what keeps us on target...as they determine the direction we take.

### **GROW TOWARDS YOUR EXPECTATIONS**

Your expectations are setting the target for how your will grow.

### **CHANGE COMES FROM WITHIN**

Change is something that is internally driven, and only externally inspired.

### **ENABLE NEW ASSUMPTIONS TO EMERGE**

New assumptions have a way of triggering ideas that were blocked from old ones.



### **LIFE ON YOUR OWN TERMS**

A successful life is on your own terms versus others or other are just using you.

### **RE-ENERGIZING YOUR ENTHUSIASM**

With your enthusiasm topped up, you have the energy to take on any problem.

### **HOW AM I VIEWING THIS?**

Challenge yourself on how you are viewing the situation to see more options.

### **ON SOME LEVEL YOU ALREADY KNOW**

For most of the things in our life, we already know what we should do.

### **CLARITY AND CHOICE**

A great life is built on a foundation of clarity and choice...in the driver's seat.

### **HOW DO YOU DEFINE CONTENTMENT?**

Contentment is not something you can copy; it is what it is for you...not others.

### **BLOCKING YOUR TRUE POWER**

The biggest block to your success is not others, but your own limiting beliefs.

### **DEFINE WHAT SUCCESS MEANS TO YOU**

You can never hit a target you do not have...define what success means to you.

### **DEVELOP AN EMOTIONAL CONNECTION**

When the connection is emotional, it will also be more memorable.

### **CHALLENGE YOUR LIMITATIONS**

Limitations grow bigger unless you continually challenge them all the time.

### **HAVE TO DIG DOWN DEEP ENOUGH**

Obstacles are put in our way to ensure we use the potential is within us.

### **BECAUSE IT'S THE RIGHT THING TO DO**

The first criteria in deciding...is it the right thing to do?

### **OPEN TO THE MESSAGE**

If you are not open to the message, you will never hear it.

### **KEEP PUSHING THROUGH IT**

The low periods always come along...so just pushing until you get through them.

### **CAN GET STARTED FROM ANYWHERE**

You can get started from anywhere...so you can create your future from here.



**FEAR CAN LEAD TO EXCUSES**

Fear is something that can gain power and ends up fueling our excuses.

**IF YOU WOULD ONLY BELIEVE**

You can accomplish more than you think if you would only believe that you can.

**FIND YOUR WAY BACK**

With any setback in life, you need to find your way back and the way forward.

**HUMAN NATURE HATES CHANGE**

We feel better when we are comfortable, and change makes us uncomfortable.

**DO SOMETHING MEANINGFUL**

Meaning is what drives fulfillment and happiness. Do something meaningful.

**REMOVING THE COMPLEXITY**

When you remove the complexity, you reduce the errors and increase the speed.

**LIVE EACH MOMENT EVERY DAY**

How you use your time is how you live your life...live each moment every day.