



BEST WAY TO BE DISTURBED

You grow faster by reaching out to others who disturb your view of the world.

IT'S WHAT YOU RE-READ

We get powerful learnings when we re-read something that makes us think.

PERSON YOU HAVEN'T MET YET

At key points in your life, there's been a special person who fueled your progress.

UNDERLYING FEAR OR ANGER

Much of our BEHAVIOR that holds us back has roots in some type of fear or anger.

LEGACY WE ARE CREATING

Life takes on a new meaning when we are doing creates a lasting impact.

LIVE YOUR PURPOSE

You can't try to be someone else and be able to live your own purpose.

IT'S ABOUT HOW WE PRACTICE

Top performers in sport and business simulate in practice the feeling of game day.

CAN'T MAINTAIN A LOW PROFILE

If you want to make a big positive difference to people, you've got to get noticed.

THERE IS NO FINISH LINE

When it comes to our personal growth, there is no finish line to be reached.

CURIOUS TO LEARN AND TRY

To make a bigger difference, you need to learn & try new things all the time.

THROUGH A FILTER OF YOUR PAST

Everything we experience today passes through a filter of our past experiences.

JUST AS EXCITED AS YOU ARE

You learn about others by just observing closely what they complain about.

BOTH TIME AND ENERGY

Our attention, especially in relationships, is the time and energy we put in.

COMPLEX PROBLEMS REQUIRE A TEAM

Solving complex problems depends on the quality of people you bring together.

LACK OF CONFIDENCE

Speak in negatives, and you show your lack of confidence to others.



TRY AND FAIL

Since we learn more by making mistakes, we should never be afraid to try.

DON'T FORGET THE WHY

Never leave a discussion on the WHAT without discussing the WHY.

PREPARED FOR THE NEXT LEVEL

By constantly preparing yourself for something greater, you get there faster.

NOT MORE HOURS, BUT BETTER HOURS

Success comes from effectiveness (doing the right things) more than efficiencies.

TAKE THE CALL

When your passion is calling you to take action, TAKE THE CALL!

NOTICE HOW FAR YOU HAVE COME

Even in difficult times, we have to have gratitude for how far we have come.

BLAME IS LAME

Blaming others always makes you look "smaller" in the eyes of others.

DISCIPLINE ANCHORED IN PRIDE

Real discipline is in developing the habits that bring the "Best You" every day.

DO THEY WANT YOUR JOB

As a leader, your job is to grow more leaders. Grow your people to do your job.

LOOK INTO THE MIRROR FIRST

The solution to every problem begins with our own thoughts and actions first.

WHEN IS ALWAYS NOW

For happy people, there is no "I will be happy when....". The when is always now.

FAITH > DOUBT

The people who accomplish great things have a faith greater than their doubt.

CAN'T HAVE GOOD WITHOUT BAD

Handling the bad helps you with the right perspective to see the good.

TUNE OUT THE NOISE

A big part of staying focused is our ability to tune out the "noise" that hits us.

WHAT HAVE I CHANGED RECENTLY?

If nothing comes instantly to mind...then you might not be changing fast enough.



SAYING NO ENABLES A YES

We have to say no to some good things in order to focus on the truly great things.

HERE I AM TO THERE YOU ARE

Change your internal dialog from "here I am" to "there you are". It's about them.

ACCOUNTABLE FOR YOUR HAPPINESS

Never "If _____ would act different, I would be happier." No, it's your choice.

ROAD TO THE HEART IS THE EAR

You connect with others when you really listen and give them your full attention.

NO EXCUSE IS ACCEPTABLE

An excuse is like a hole in a dam. It only becomes larger unless it is plugged up.

WRITE A REPUTATION GOAL

Your reputation shows up before you, with your past habits/behaviors defining it.

LIFE TAKES PASSION

A life lived well takes passion, as passion is the fuel to use your potential.

LISTEN TO WHAT ISN'T BEING SAID

Influence is driven by listening to what's being said, but also what isn't being said.

BUSINESS IS IN THE PEOPLE

The right people in the right roles creates the foundation for long-term success.

DEFENDING IS RARELY POSITIVE

As they say in sports, the best defense is a good offense (being our best).

NOT AFRAID OF THE ANSWERS

Most don't ask for feedback as they are afraid of hearing uncomfortable answers.

LOOK BEYOND THE DIFFERENCES

Those with strong people skills are always looking beyond the differences.

MOVE ON ENABLES MOVE UP

Don't let a bad experience stop you from moving on and moving up.

TIME WILL TELL

They say, "time will tell", and what would how you use your time say about you?

YOU CAN'T SHORTCUT REALITY

A vision that gets strong action doesn't ignore today's reality.



MOVE FORWARD VERSUS IN CONTROL

Be careful with control as it can also be a force that limits your progress.

DAILY ACTION BUILDS HABITS

Our most important habits are our daily habits, as they build your success faster.

SHARED SKY, DIFFERENT HORIZONS

People the same sky (our world), but have very different horizons (your goals).

MORE POWER BY GIVING IT AWAY

Giving power away extends your power to the capacity of your team.

IS A REFLECTION OF YOU

The environment around us is a reflection of ourselves and our past choices.

PEOPLE YOU TAKE FOR GRANTED

You lose influence fast when you begin to take key people for granted.

ROOTS IN YOUR THOUGHTS

Good communications leaves roots in the thoughts of others.